

# Mental health outcomes in police personnel after Hurricane Katrina

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#### Abstract:

OBJECTIVE: We examined symptoms of depression and posttraumatic stress disorder (PTSD) among New Orleans Police Department (NOPD) personnel who provided law enforcement and relief services to affected communities following Hurricane Katrina. METHODS: We conducted a cross-sectional survey of mental health outcomes related to personal and work-related exposures of police personnel 8 weeks after the Hurricane. RESULTS: Of the 912 police personnel who completed the questionnaire, 227 (26%) reported symptoms consistent with depression and 170 (19%) reported symptoms consistent with PTSD. Risk factors associated with PTSD include recovery of bodies, crowd control, assault, and injury to a family member. Depressive symptoms were associated with rare family contact, uninhabitable home, isolation from the NOPD, assault, and injury to a family member. CONCLUSIONS: Police personnel reported symptoms of PTSD and depression associated with work-related and personal factors following Hurricane Katrina.

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## **Resource Description**

### Communication: M

resource focus on research or methods on how to communicate or frame issues on climate change; surveys of attitudes, knowledge, beliefs about climate change

A focus of content

Other Communication Audience: Police personnel

Exposure: M

weather or climate related pathway by which climate change affects health

Extreme Weather Event, Human Conflict/Displacement

Extreme Weather Event: Hurricanes/Cyclones

Geographic Feature: M

resource focuses on specific type of geography

Ocean/Coastal

Geographic Location: M

# Climate Change and Human Health Literature Portal

resource focuses on specific location

**United States** 

Health Impact: M

specification of health effect or disease related to climate change exposure

Injury, Mental Health/Stress

Mental Health Effect/Stress: Stress Disorder

mitigation or adaptation strategy is a focus of resource

Adaptation

Population of Concern: A focus of content

Population of Concern: M

populations at particular risk or vulnerability to climate change impacts

Workers

Resource Type: **№** 

format or standard characteristic of resource

Research Article

Resilience: M

capacity of an individual, community, or institution to dynamically and effectively respond or adapt to shifting climate impact circumstances while continuing to function

A focus of content

Timescale: M

time period studied

Time Scale Unspecified

Vulnerability/Impact Assessment: **☑** 

resource focus on process of identifying, quantifying, and prioritizing vulnerabilities in a system

A focus of content